

FRANCISCAN SISTERS OF MARY, HOSADURGA

286 Book of IV 2001-02



ANNUAL REPORT 2021-22

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Provincial's Message



"A dream does not become reality through magic; it takes sweat, determination and hard work".

- www.inspiringquotes.in

Responding to the "signs of the times" is part and parcel of the prophetic call and through hardwork and determination we reach our goal. Listening to the world around and responding to the challenges emerging from the context should be an ongoing process to be effective and relevant in our Society. In the midst of rising crimes against women and Dalits, increasing hunger and inequalities and the violation of Human rights, the Franciscans Sisters of Mary, Hosadurga are working to put an end to any kind of exclusion and discrimination, ensuring justice to all, especially to the employees and workers of our Institutions, liberation and empowerment of the poor and the marginalized. I am well aware that the Franciscan Sisters of Mary, Hosadurga has been fully involved in all types of activities with the purpose of building a society that is progressive in every aspect. The endeavor is to bring about drastic changes to the lives of underprivileged people rather than fulfilling merely charitable works. We are called to stand up for the democratic rights and freedom of all peoples - every oppressed individual and community-irrespective of gender, class, caste, religion, ethnicity, ability and position; and to work towards sustainable societies where peace, ethics and development is experienced.

Dear Sisters, your perception of the social reality, openness to the signs of the times, initiatives to uphold human life and dignity make you special and unique. Your commitment towards the formation of issue based and interest oriented groups ensuring the active participation of the people is indeed praise worthy. The process of participatory management - involving the staff in the planning, monitoring and evaluation of projects - adopted in your institutions is a model for partnership in development. I must congratulate all the sisters and staff for your untiring efforts to go on streamlining the functioning and constantly updating its services so as to respond to the signs of the times. Significant growth and development has taken place due to your influential approach and excellent rapport and solidarity with the people.

The stakeholders are motivated to be the Leaders to look for solutions to their issues. Needless to say, that our Centers have become the catalyst in the developmental process of people. God is inviting each one of us - me and you - to a commitment to a full and complete Solidarity with all His people. May you continue to find new responses to the challenges of our times.

*"Let us put into Practice our call to do good to all,
And take time to love the poor and needy
Those abandoned and rejected,
Those discriminated against and marginalized".
Fraterlli Tutti 193*

Sr. Mary John Muringassery
Provincial

Managing Trustee's Message



"There is nothing but God's grace. We walk upon it; we breathe it; we live and die by it; it makes the nails and axles of the universe."

- Robert Louis Stevenson

The past two years that have gone by have modified our plans, disturbed our mental patterns, disrupted our ways of doing things and pushed us to create, invent and proceed differently to achieve our objectives due to a tiny 'corona' virus that took the world by storm and held it in its grip. Yet all of us who survived the virus attack or its damaging effects are the witnesses to God's bountiful graces.

It gives me immense pleasure to present before you the involvement of the five units of the Franciscan Sisters of Mary, Hosadurga during the year 2021-22 with Children, Youth, Women, People with Disability, Senior Citizens, Farmers and caring for our Common Home, Earth. If we work on marbles, it will perish. If we work upon brass, time will efface it. If we construct monuments, they will crumble into dust. But if we care for humanity and our common home, we create imperishable treasure for today, tomorrow and the ages to come.

This annual report is a reflection of the heart of Franciscan Sisters of Mary, Hosadurga. In spite of the challenges posed by the pandemic, each unit was able to reach out to the vulnerable groups and individuals in concrete ways. This report speaks for itself. While thanking God for what the five units of Franciscan Sisters of Mary, Hosadurga could do during these demanding times, I also pray that the work continues with ever more dedication and vigour. I congratulate all the units for their wonderful involvement and commitment in bringing impactful results in the lives of all those vulnerable groups to whom they are committed and in contributing positively towards the sustainability of the Ecology. May the Lord continue to make use of us to bring joy and hope to the lives of people in need.

I thank all our partners and collaborators in development for their support in reaching out to Children, Youth, Women, People with Disability, Senior Citizens, Farmers and caring for Ecology. We count on your continued collaboration and support.

Sr. Zita D'Souza
Managing Trustee



Nisarga Director's Message



"Alone we can do so little; together we can do so much."

- Helen Keller

In a world that had a 'stand-still' at the unexpected surmount of COVID-19 pandemic, humanity drew closer to one another to combat the situation. It is the same spirit of Team commitment towards our vision and goal that the Nisarga family - the Board of Trustees, Management, Staff, Partners & Collaborators in Development, Supporters and Stakeholders - experience the joy of being at the service of the people and communities during the past one year in spite of the many challenges..

Our collaboration with NABARD, TISMO, Departments, Dhvani, Pollinate, Banks, Schools etc. has contributed towards the strengthening of our involvement at grass roots level. Though the challenging period under the threat of pandemic slowed down our activities, it could not blow-off our zeal. It was a time to discover new avenues and respond to new needs of the people and communities. Creating awareness on the pandemic, preparing the communities to face the challenges posed by the deadly virus, providing the protective measures, campaigning the vaccination were some of the new responses.

Reviving and strengthening the focus groups that were dormant or rather scattered with the life- threatening pandemic situation, addressing the basic needs of the children to grow in freedom and knowledge, continuing the implementation of the projects that were stopped abruptly were real challenges in a situation where mobility and mobilization of people were restricted. It required additional efforts, commitment and risk taking from the part of all the stakeholders in development to bring back the equilibrium..

I take this opportunity to express my deep appreciation and gratitude to our Team, especially to our partners in development for their financial support and keen interest to reach out to the marginalized communities in need. Let us continue to join hands in the service that we are doing towards building up of an integrally developed, just and equitable society living in harmony with nature.

Sr. Sunitha Smitha D'Souza
Director - NISARGA



AKAY Project Manager's Message

*“The true character of a society is revealed
in how it treats its children.” - Nelson Mandela*



AKAY's intervention in the 16 villages of Tumkur District over the years, especially during the past year, with the aim of 'Integrated Sustainable development of the socially and economically backward Children and Community' has been a fulfilling one. Creating a child friendly eco-system where children can achieve their full potential has been the thrust of all our activities. Providing educational support for the children in need and ensuring a home where all the needs of a child is taken care of, especially to grow healthy with nutritious food, the families of the children were supported to have a sustainable livelihood. Sensing the need of the times, special interventions for the Adolescent Reproductive and Sexual Health; and socio-emotional life skill trainings for the children and teachers were taken up. Amala's Kutumba feels proud of its children grown into responsible citizens serving in both Government and Private Sectors in various capacities.

I express my appreciation and gratitude to our partner ChildFund India for their constant support and encouragement and for taking keen interest in every child's Presence, Participation, Education, Health, Protection, family and their community.

As Pope Francis crisply puts it, "Let us never forget that authentic power is service."

Sr. Shanthakumari
Project Manager, AKAY



Prathyasha Director's Message



“Until the great mass of the people shall be filled with sense of responsibility for each other's welfare, social justice can never be attained.” - Dr. Helen Keller

Year 2021-22 brought many challenges, both for organizations and individuals, especially for families due to the pandemic. It was an occasion to translate the barriers into opportunities, which required hard work to adapt our programs and services to meet the new pandemic reality. Program staff and volunteers worked with commitment and dedication to capacitate rural women with hard and soft skills towards economic and social sustainability. Community based rehabilitation activities for people with disabilities especially people with mental illness and intellectual disabilities with regard to education, health, livelihood and empowerment; tuition classes for slow learners (children); lobby and advocacy for rights and entitlements in collaboration with NGOs and GOs were taken up.

At this juncture, I place on record the committed leadership of Managing Trustee, Board of Trustees and Advisories for their far-sighted vision and plans that has opened new horizons to the Trust. It is right and just to acknowledge the valuable partnership of our financial supporters in the development works of 'Prathyasha' to reach out to the people in need.

Dedicated staff are the backbone for the growth of the organisation. Their commitment resulted in yet another benchmark year for the organisation. May they experience joy and satisfaction in all that they do for the marginalised and the needy. May all experience God's Love and Compassion.

Sr. Nancy Rose Marie Lobo

Director-PRATHYASHA



02. PROFILE OF FRANCISCAN SISTERS OF MARY, HOSADURGA

Franciscan Sisters of Mary, Hosadurga® is a Non-Profit Charitable Trust started in 1998 and registered under Indian Trust Act in 2001; and holds legal compliances such as FCRA, 80G, 12AA and Registration for undertaking CSR activities.

VISION

An integrally developed just and equitable society living in harmony with nature

MISSION

Restoring the dignity of the poor and the marginalized through the process of empowerment and promoting sustainable environment

VALUES

Justice, Peace, Equality, Human Dignity, Holistic Development, Ecological Harmony

FOCUS GROUPS

- ✿ Children
- ✿ Adolescent
- ✿ Women
- ✿ Youth
- ✿ Delinquents
- ✿ Orphans
- ✿ Migrants
- ✿ School Dropouts
- ✿ Persons with Disabilities
- ✿ People living with HIV/AIDS
- ✿ Senior Citizens
- ✿ Small/Marginal Farmers and their Communities without distinction of caste and religion

OUR SERVICES

- ✿ Education
- ✿ Trainings/Workshops
- ✿ Knowledge Sharing
- ✿ Scholarship
- ✿ Skill Development
- ✿ Livelihood Options
- ✿ Counselling
- ✿ Agrarian Activities
- ✿ Renewable Energy Options
- ✿ Soil and Water Conservation Works
- ✿ Natural Resource Management
- ✿ Health Related Activities
- ✿ Community Based Rehabilitation

OUR APPROACH

Community Mobilization: Formation and Capacity Building of Community Based Organizations

Collaborative: Convergence with the Line Departments and other Organizations/Institutions

Environmental Sensitive: Educating and Encouraging the Protection and Promotion of Ecology

Partnership Centred: Planning, Implementing, Monitoring and Evaluating with the Stake holders

Gender Sensitive: Ensuring the Participation of Girls/Women at all Levels in all the Activities

FRANCISCAN SISTERS OF MARY, HOSADURGA TRUST WORKS IN FOUR DISTRICTS OF KARNATAKA THROUGH ITS FIVE UNITS:

I NISARGA - HOSADURGA TALUK, CHITRADURGA DISTRICT

II AMALA ALAYA - SIRA TALUK, TUMKUR DISTRICT

III PRATHYASHA - CHINCHOLI TALUK, KALABURGI DISTRICT

IV NAVAJEEVAN - KARKALA TALUK, UDUPI DISTRICT

V O. L. NATIVITY - UDUPI TALUK, UDUPI DISTRICT



I. NISARGA-HOSADURGA

NISARGA - a unit of Franciscan Sisters of Mary, Hosadurga works in 24 Grama Panchayths of Hosadurga and 02 Grama Panchayths of Holalkere Taluks of Chitradurga District, for the Empowerment of Women, Children, Youth and Farmers without any differentiation of caste, creed and gender.

PROGRAM HIGHLIGHTS

01 WOMEN EMPOWERMENT PROGRAM

“..... You educate a woman; you educate a generation.” - Brigham Young

It has been our constant efforts to help the women to realize their full potential, to bring about the desired changes in the Social, Economic, Cultural and Environmental aspect of the families and communities. The programs undertaken for the empowerment of women through 470 SHGs, 19 Cluster and 01 Taluk level Federations are:

A. Trainings:

4197 women have participated in the 165 training organized during the year.

Sl. No.	Topics	Trainings	Participants
01	SHG Concept - Goal & Objectives	29	334
02	Federation Concept - Goal & Objectives	04	75
03	Leadership	04	70
04	Book Writing and Documentation	11	237
05	Health and Hygiene	23	1067
06	Child Marriage Prevention Act	10	268
07	Gender and Domestic Violence	15	358
08	Government Schemes and Benefits	36	804
09	Micro Entrepreneur Awareness	18	497
10	Organic Farming	12	337
11	Millet - cultivation & benefit	03	150
Total		165	4197



B. Facilitation for availing Government schemes and benefits:

2267 families have benefited from various government schemes during the year.

Sl. No.	Topics	Units
01	Agricultural machinery & seeds	519
02	Cattle shed	09
03	Crop compensation	142
04	COVID-19 - Food kits	1119
05	COVID-19 - Financial Assistance	30
06	Dairy farming (Cow/Buffalo)	02
07	E-Shram card	90
08	Farm pond	34
09	Bore wells	03
10	Houses	11
11	Job cards	05
12	Kisan Samman Nidhi (Monetary assistance)	10
13	Milk cans	06
14	Pump set & sprinkler	12
15	Sandya Suraksha (Old Age Pension)	01
16	Saplings - forestry	41
17	Scholarship	06
18	Soil & water conservation/MGNREGA	80
19	Swachh Bharat - Toilet	55
20	Tailoring machine	16
21	Tricycle	01
22	Ujjwala Yojane (LPG)	31
23	Vermi compost tanks	41
24	Widow pension	03
Total		2267



C. Facilitation for credit requirements to SHGs: 201 SHGs and 08 CLFs (Cluster Level Federations) have availed Rs. 3,61,58,500/- for agriculture, dairy farming, sheep/goat rearing, poultry, flour mill, bakery, petty business, tailoring, purchase of vehicles, education of children and house construction.

Sl. No.	Topics	SHGs/CLFs	Amount
01	Nisarga Mahila Maha Okkuta	08	16,75,000.00
02	Nisarga Swashakthi Sauhardha Swasahaya Sahakari Niyamitha	35	75,25,000.00
03	Grama Panchayath (Sanjeevini Scheme under NRLM)	130	1,38,18,500.00
04	Banks	36	1,31,40,000.00
Total		209	3,61,58,500.00



D. Motivation and Facilitation for Participation in Ward/Grama Sabhas:

About 1331 women participated in the Ward/Grama Sabhas and discussed the following community/individual issues/requirements:

- | | | | |
|------------------|------------------------|------------------------|-------------------|
| ✿ Community hall | ✿ COVID-19 vaccination | ✿ Drainage | ✿ Drinking water |
| ✿ Road repair | ✿ Child marriage | ✿ Solid waste disposal | ✿ Street lights |
| ✿ Housing | ✿ Housing site | ✿ Job cards | ✿ Kitchen gardens |
| ✿ Cattle shed | ✿ Scholarships | ✿ Senior citizen cards | ✿ MGNREGA work |
| ✿ Toilets | ✿ Vermi-compost tanks | | |



E. Facilitation for Resolving Community Concerns: Such as transport facilities, waste disposal and drainage construction



F. Celebration/Observation of special days of National and International importance:

Such as Postal day, Girl child day, Mental health day, Senior citizen day, Human rights day, Workers day, Gandhi Jayanthi, Ozone day and International Women's Day.



« A WOMAN DARING TO BE DIFFERENT »

Mrs. Nethravathi aged 36, wife of Nagesh and mother of 02 girls is a resident of D. Mallapura Village, Hosadurga Taluk. She studied up to PUC. She and her husband earned their living as daily wagers. In 2016 she joined the 'Chiguru' SHG formed by NISARGA. The weekly SHG meetings and trainings on leadership, gender, book keeping, documentation, women's rights, Government benefits etc. helped her to gain knowledge and emerge as a self-motivated person.

In 2019 for the first time Nethravathi took a loan of Rs. 5,000/- for cultivation and sale of vegetable. This gave her the confidence to take up vegetable vending as a livelihood option and decided to buy an auto rickshaw to sell the vegetable in the surrounding villages. In 2020 she applied for a loan of Rs. 1,00,000/- from the bank through the SHG and purchased the auto. Both Nethravathi and her husband began selling vegetables travelling from village to village.

From 2018 to 2020 Nethravathi worked as an animator of Swami Vivekananda children's club formed by NISARGA in D. Mallapura



Besides this she was selected as LCPR (Local Community Resource Person) under NRLM (National Rural Livelihood Mission) scheme by Doddaghatta Grama Panchayath in 2020.

Mrs. Nethravathi came to know about the solid waste disposal program in the Grama Panchayath under NRLM scheme. She applied for the waste collection post in 2021 and enrolled herself for 30 days driving class at RUDSET, Chitradurga. She got selected for the post and has been serving as the driver of solid waste collection vehicle to 10 villages of the Doddaghatta Grama Panchayath since April 2022. This has further boosted her self confidence and given her a sense of satisfaction of having been contributing concretely to the health of the people and environment. Indeed Chiguru Self Help Group has achieved its goal of empowering women.

02 COVID-19 VACCINATION AWARENESS AND SURVEY

“Teaching the world to be careful is a constructive service worthy of God’s greatest gift of life to man” - U.S. Supreme Court Justice Harold H. Burton (1946).

With COVID-19 cases declining after the second wave, the Karnataka government gradually permitted the schools to be reopened after a gap of 18 months, beginning with Class 9 and 10 on 23rd August 2021, Class 6 to 8 on 13th September 2021 and Class 1 to 5 on 25th October 2021 with instructions to strictly adhere to the Standard Operating Procedures laid down. At this juncture the Primary Health Centre Personnel sought collaboration of Nisarga in motivating the village communities for vaccination drive as the people were unwilling to be vaccinated due to the false information spread by the social media. The NISARGA Staff contributed 25% of their one month salary for this purpose amounting to Rs. 94,275/-.

The awareness programs and vaccination drives in collaboration with the respective School H.Ms & Teachers, SDMC Members, Primary Health Centre Personnel, Panchayath Members, Aganwadi Teachers, SHGs, Federations, Watershed Committees and Farmer Producer Organization enabled us to reach out to about:

- ✧ 2100 children in 25 schools
- ✧ 1800 women of 150 SHGs and 19 Cluster Level Federations
- ✧ 1000 people of 4 villages
- ✧ 300 school children were provided mask

As a result, 800 people were vaccinated in 10 villages.

In February and March 2022 NISARGA collaborated with “Pollinate Group” for conducting a survey on COVID vaccination coverage and motivating those who were not vaccinated. The survey of 25 villages covered around 7000 people and their data was collected. Those who have not taken vaccine were counselled and motivated. As a result, about 750 people have taken vaccination.



03 ENTREPRENEURS DEVELOPMENT PROGRAM

“You don’t build a business. You build people and then people build the business.”

Certificate course on tailoring was organized to promote entrepreneurship among women. As a result 180 women were trained in tailoring in 3 batches.



04 LIVELIHOOD OPTIONS

“There is nothing so degrading as the constant anxiety about one’s means of livelihood ...”
- W. Somerset Maugham

Skill development trainings for sustainable livelihoods:

Sl. No.	Trade	No. of Trainees	Income Generation Units
01	Pappad Making	16	03
02	Masala Powder Making	06	01
03	Cocunut Oil Extraction	10	01
04	Organic Manure Production	12	12
Total		44	17



05 SCHOLARSHIP PROGRAM

“A child without education is like a bird without wings,” - Tibetan Proverb

It is our responsibility to let the children flourish and truly become the highest version of themselves.

Educational Support for 17 Students:

Sl. No.	Educational Level	Students
01	Schooling	08
02	BSc Nursing	02
03	B Tech	01

Sl. No.	Educational Level	Students
04	Diploma in Mechanical	02
05	Diploma in Computer Science	01
06	BE (Computer Science/Electronics/Civil)	03

*“Things have a price and can be for sale,
but people have a dignity that is priceless and
worth far more than things.”*

- Pope Francis

06 CHILDREN'S CLUBS

“Children are not things to be moulded, but are people to be unfolded” - Jess Lair

The purpose of the children's club is to provide opportunities for the children to discover and develop their innate talents and capacities. 16 Children's Clubs were formed where the children come together once a week and engage themselves in games, singing, dancing, acting, essay writing, studying moral stories and general knowledge.



07 WATERSHED PROGRAM

“The Earth will not continue to offer its harvest, except with faithful stewardship...” - John Paul II

We are in a state of planetary emergency, with environmental problems piling up high around us. Unless we address the various issues prudently and seriously, we are surely doomed for disaster. Therefore as Louis Bromfield says “it is the duty of every citizen, for his own welfare, if for no other patriotic reason, to support and fight for and possibly initiate measures having to do with conservation of soil, water and forest” and more. In our efforts to facilitate the conservation, regeneration and use of land and water resources, implementation of integrated watershed programs has been an ongoing activity. During the year 02 watershed projects were in progress:

- ☆ Siddagondanahalli Jalanayan - Full Implementation Phase (final year)
- ☆ Neeragunda Jalanayan - Capacity Building Phase

ACTIVITIES/ACHIEVEMENTS:

A. Capacity Building Trainings for Farmers:

Sl. No.	Topics	Trainings	Participants
01	Watershed concept and techniques	02	83
02	Climate change and its impact	01	63
03	Importance of millets	01	32
04	Livestock and fodder development	01	40
05	Exposure visit	01	46
Total		06	264



“We are not faced with two separate crises, one environmental and the other social, but rather one complex crisis which is both social and environmental.”

- Pope Francis

B. The works completed under the 02 watershed programs during the year are:

Sl. No.	Particulars	Unit	Volume
01	Field Trench cum Bunds	M ³	34704
02	Boulder Outlets	Mt.	672
03	Rubble Checks	Mt.	100
04	Loose Boulder Checks	Mt.	182
05	Horticulture	No.	68
06	Forestry	No.	2194
07	Bund Plantation (Seeds)	Kg.	98



C. Facilitation for convergence from the Line Departments:

Sl. No.	Schemes & Benefits	Farmers
01	Seeds	435
02	Sprinklers	24
03	Sprayers	17
04	Tarpaulins	222
05	Forestry Saplings - 1450	09
06	Compensation for Pomegranate Crop	30
07	Cattle shed	12
08	Farm Pond	20
09	Vermi compost tanks	06
10	Swachh Bharat - Toilet	23
Total		2239



D. 05 landless beneficiaries supported financially to initiate income generation activities:

☼ Cow rearing - 01 ☼ Sheep rearing - 01 ☼ Petty business - 03



E. Sustainability of the watershed program:

“Raithashakthi Farmer Producer Company Ltd.” is an independent entity registered under Companies Act, consisting of 983 Farmer shareholders who were the beneficiaries of watershed programs implemented by Nisarga.

Services provided by Raitha Shakthi FPO:

- ☼ Technical knowledge through formal trainings and information dissemination
- ☼ Quality agricultural inputs like seeds, organic/inorganic manure and pesticides
- ☼ Agricultural equipments on rental basis
- ☼ Market linkages

A TALE OF TRANSFORMATION

Hosadurga is constantly exposed to harsh agro-climatic hazards of arid zone and subjects to drought conditions for two to three years after a year or two of moderate rain. The sloppy landscape causes high fertile top soil erosion during rains and resulting in low productivity of the land year after year. Therefore, to empower the farming community (of whom 80% are with small land holdings) and to improve the agricultural productivity in a sustained manner without deteriorating the soil health, watershed programs have been implemented from 2003 to reduce soil erosion and conserve rain water. This has contributed to the conservation of natural resources and enabled to surmount drought impact.

One such watershed program was initiated in 2018 covering 1548 hectares of geographical area in Mathod and Kanchipura Grama Panchayths of Hosadurga Taluk. Of the total treated area in the watershed, 100 hectares are waste/fallow land. Since the area received good rain during the last two years of monsoon, out of 100 hectares of wasteland treated 75% of the land was brought under Ragi, Cotton and Green Gram cultivation. One of the farmers who converted wasteland into cultivable land is Mr. Ramanna from Kanchipura village. His family consists of 5 members. Since he owned only waste land he earned his livelihood mainly engaging himself in painting work locally earning around Rs. 3000/- per month and his grandson earning around Rs. 5000/- through masonry work.



Mr. Ramanna's whole land consisted of 3.20 acres which was known as waste land and had never been brought under cultivation. The watershed program provided him with the opportunity of treating this waste land with soil & water conservation structures at the cost of Rs. 11976/-. After the treatment the land was brought under cultivation and what happened thereafter surprised all as you see in the table below:

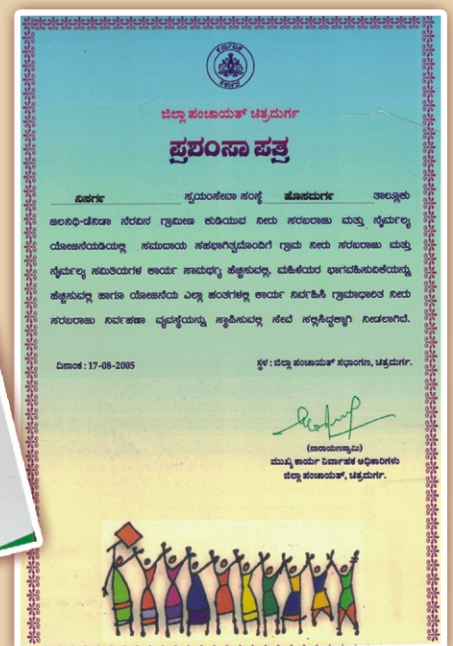
Crop undertaken	Area covered	Yield in Qt.	Investment	Income	Profit
Ragi	2.20 acres	25	22000.00	75000.00	53000.00
Cotton	1 acre	5	16000.00	32500.00	16500.00

This is a 100% increase in productivity in the wasteland brought under cultivation. Since watershed area received comparatively good rain fall during the past two years, the water level in the watershed area has come up to 300 ft from 450 ft as soil & water conservation measures facilitated the rain water percolation to the ground.

Watershed Structures



AWARDS AND RECOGNITIONS TO NISARGA



II. AMALA ALAYA/AMALAS KUTUMBA ABIVRUDHI YOJANE

Amala Alaya/AKAY - a unit of Franciscan Sisters of Mary, Hosadurga, is located in Amalagondhi, Sira Taluk, Tumkur District. It works in 16 villages within the radius of 10 kms distance in three Grama Panchayats of Yaladabagi, Seebi and Seebi Agrahara, through sponsorship program. During the past 40 years of its existence, AKAY has reached out to 2563 Children/students and about 1900 Families.

ACTIVITIES

01. Health
02. Education
03. Livelihood Options

01 HEALTH - ARSH MODEL ACTIVITIES

The major health activities taken up through ARSH (Adolescent Reproductive and Sexual Health) model:

- ❑ Awareness on COVID-19 protocol and distribution of hygiene kits to 226 children
- ❑ Distribution of hygiene kits to field staff for self protection
- ❑ Awareness on health, nutrition and adolescents issues through wall painting in 12 villages
- ❑ Provision of iron rich food for 30 Children
- ❑ Training of 36 adolescents Peer Educators
- ❑ Handholding support to Peer Educators
- ❑ Orientation to adolescent girls on Menstrual Hygiene Management
- ❑ Distribution of sanitary napkins to 120 adolescent girls
- ❑ Awareness on nutrition garden to 100 families
- ❑ Distribution of vegetable seeds and fruit saplings
- ❑ Training on Sexual Reproductive Health Rights to 71 adolescents
- ❑ Facilitation of convergence meetings with Block, District and State levels health departments and adolescents



"Only a life lived in the service to others is worth living."

- Albert Einstein

02 EDUCATION - PENCIL MODEL ACTIVITIES

The ultimate aim of education is to develop children into becoming independent, creative and sensitive learners who are able to lead a quality life themselves and are also able to contribute meaningfully to the society. Therefore the acquisition of literacy and numeracy as well as socio,emotional and cognitive life skills becomes basic to the process of learning of children. Under PENCIL (Protective, Effective N Context based Initiation of Learning for Life) model, the following activities were taken up:

- ▶ Training on integrated SEL (Social Emotional Life) skill for 20 teachers of 15 Government Higher primary schools
- ▶ Leadership training and facilitation to 20 community leaders to take up education and Child Protection related issues
- ▶ Workshop for 33 SMC (School Management Committee) members on RTE Act 2009 and the role and responsibilities of SMC
- ▶ 132 children in the age group of 6 to 14 were provided with the stationery and were engaged in art activities to enable them to express their emotions through art form



03 LIVELIHOOD OPTIONS

The needy individuals and families were identified, trained and helped with livelihood activities to lead a dignified life

- ▶ 10 people attended entrepreneurship training
- ▶ 50 people participated in the Agriculture/Animal husbandry/ Poultry/ Micro enterprises training and were supported with start up funds to purchase ground nut seeds and manure.

- ➔ 66 students of class 10 and II PUC participated in the carrier guidance session
- ➔ 15 members of Seebi Grama Panchayat were sensitized on Child Rights, Protection and creating safe environment for children in the community



These interventions have helped the children, adolescents, youth, teachers, parents and other stakeholders to gain confidence, become creative and to be self reliant. Initiation of kitchen garden has resulted in the consumption of fresh organically grown vegetables, improved nutritional status and reduced the financial burden. Government Schemes/benefits for the education, agriculture and other livelihood options were availed. The people are able to present their community issues to the respective departments and resolve

AMALA ALAYA/AKAY TEAM



02 EMPOWERMENT OF PEOPLE WITH DISABILITY (PWD)

- ✂ Formation and strengthening of the SHGs
- ✂ Strengthening of Nava Jeevan Vikala Chethanara Taluka Okkuta for sustainability and issue-based activities
- ✂ Motivating the PwD to engage in self-employment and the follow up of the self employed
- ✂ Support for education of children, physiotherapy, health and hygiene, capacity building, self-employment, availing of Government schemes and benefits
- ✂ Provision of aids and appliances
- ✂ Referral services for the mentally ill people; collaboration with District Mental Health Program for the treatment camps



03 EDUCATION PROGRAM

The aim of our education activity through Helen's Kindergarten, High School & PU College is to promote integral development of every student especially the weak and the marginalized by imparting quality and relevant education for the transformation of society. Therefore we have introduced Xseed Education as a tool to bring out the best from the students of Play Home, Lower & Upper kindergarten. The teachers are trained and upgraded every year. Timely evaluation is being done by the Xseed Education Coach. This curriculum has brought tremendous growth in the overall development of the students.

Changes observed in students after introducing Xseed Education:

- * More creative and expressive
- * Take more interest in doing group activity
- * Able to grasp, respond and come up with different ideas
- * Overcome stage fear * Become more self confident

Non Curriculum Activities Organized

- ↪ To promote the spirit of unity in diversity and integrity, the National important days are observed such as Independence Day, Teachers' Day, Gandhi Jayanthi, Children's Day, Indian Constitution Day and Republic Day
- ↪ Along with the enhancement of knowledge and intellectual development, children are taught Yoga, breathing and physical exercises
- ↪ To form the students as value based citizens special programs and seminars are organized
- ↪ Awareness program for students on de-worming and Elephantiasis disease; and supply of albendazole tablets for students
- ↪ Online training program to prepare the students to face the Board Exam courageously
- ↪ Tuition centres for slow learners and economically poor children of class 3 to 7 in 6 villages
- ↪ Staff capacitation program ↪ Singing competition for students



02 EMPOWERMENT OF PEOPLE WITH DISABILITY (PWD)

- ✧ Formation and strengthening of the SHGs
- ✧ Strengthening of Nava Jeevan Vikala Chethanara Taluka Okkuta for sustainability and issue-based activities
- ✧ Motivating the PwD to engage in self-employment and the follow up of the self employed
- ✧ Support for education of children, physiotherapy, health and hygiene, capacity building, self-employment, availing of Government schemes and benefits
- ✧ Provision of aids and appliances
- ✧ Referral services for the mentally ill people; collaboration with District Mental Health Program for the treatment camps



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ACHIEVEMENTS

- 75 SHGs consisting of 1125 women
- 800 women participated in the International Women's day programs in March 2022
- 75 women entrepreneurs - 25 petty shops, 10 tailoring, 20 sheep rearing and 20 animal husbandry
- 10 girls and women have successfully completed their 3 to 6 months tailoring course and are occupied as full time tailors
- 32 SHGs of PwDs consisting of 500 members
- Rs. 20,00,000/- saved by PwD SHGs
- 10 people with disability are helped with financial assistance for self employment
- 60 mentally ill people benefit from referral services and health camp every month
- 75 girls and boys have completed basic computer classes
- 250 slow learners and economically poor children from 6 villages benefit from the tuition centres
- 267 students have availed the services of Helen's Kindergarten, High School & PU College during the academic year 2021-22 (Play Home - 08, Lower & Upper kindergarten - 94, High School - 119 and PU College - 46)
- 47 students appeared for SSLC Board Exam and 23 students appeared for PU Board Exam



PRATHYASHA TEAM



IV. NAVAJEEVAN- HIRGAN

*“Life is good when you are happy; Life is better when you are happy with others;
But life is the best when others are happy because of you.”*

Navajeevan - a unit of Franciscan Sisters of Mary, Hosadurga was started in 2007. It is located in Hirgan, Karkala Taluk, Udupi District. In collaboration with the local institutions, Navajeevan works towards the education of the children, family development, women and youth empowerment

MAJOR ACTIVITIES AND ACHIEVEMENTS OF THE YEAR

01 Response to COVID-19

“Happiness is the spiritual experience of living every minute with love, grace and gratitude.” Pandemic was the greatest challenge, faced by the world. In spite of it, we found opportunities to reach out with financial as well as material resources to the 07 families in the neighbourhood and migrants, who were held up due to lockdown. With the support of Gram Panchayat members also got 05 tickets reserved for the migrants to travel back to Maharashtra after the lock down was lifted

02 Educational Activities

“A good teacher is like a candle- which consumes itself to light the way for others. Teaching is a heart work and the best teacher teaches from heart. A teacher takes a hand, opens a mind and touches a heart.” This is done by both formal teaching in the St. Maria Goretti schools and through free coaching class to the slow learners. 12 poor students were supported financially to pay the school fees and to buy books and uniforms. One poor migrant student was helped to obtain a free Government seat for Polytechnic course and hostel and also supported financially. Helped Vijethan residential special school for Intellectual Disability (mentally retarded) orphan children with grocery items.

03 Women Empowerment Activities

“What lies behind us, and what lies before us are tiny matters compared to what is within us.” 6 women SHGs in the neighbourhood are monitored and assisted in organising their periodic meetings, awareness sessions and health camps. They are motivated and guided to make their SHG presence visible through social involvement.

- ★ A cancer awareness talk motivated 28 SHG women to donate their hair to the Manipal Cancer hospital.
- ★ In December 2021 the SHG members visited Vijetha residential special school for Intellectual Disability (mentally retarded) orphan children and conducted games, distributed prizes and provided grocery items required for 3 months.



04 Youth Empowerment Activities

“No candle loses its own light while lighting other candle. Never stop sharing, caring and helping others, because it makes our life more meaningful.” Accompaniment of youth groups to be sensitive and vibrant citizens.



05 Family Development Activities

“A beautiful life does not just happen; it is built daily, with love, sacrifice, patience, hard work, dedication, grace, forgiveness and kindness.” Counselling services for the elderly and the persons in conflict/stress.

NAVAJEEVAN TEAM



O. L. Nativity - a unit of Franciscan Sisters of Mary, Hosadurga is located in Shirva, Udupi Taluk, Udupi District. It strives towards forming better citizens through value based education of the children and building harmonious families.

MAJOR ACTIVITIES AND ACHIEVEMENTS OF THE YEAR

01 Response to COVID-19

- ☆ Distribution of grocery items to 05 migrant families in the neighbourhood
- ☆ Sheltered 02 migrant families for 12 months.

02 Educational Activities

- ✱ 25 children are taught good etiquettes and moral values through action songs, rhymes and stories through the play school
- ✱ Educational support for economically backward children
- ✱ Children's day celebration
- ✱ Accompaniment of students through teaching in Don Bosco School



03 Family Development Activities

- ★ Visit and counseling services for the families in need
- ★ Financial assistance to 06 families for medical, house repair and grocery items

04 Visit to Ashram/Home for the Aged

Sharing the spirit and joy of Christmas



O.L. NATIVITY TEAM



03. BOARD OF TRUSTEES AND ADVISORIES



Sr. Zita D'Souza
Managing Trustee/Chief Functionary



Sr. Letitia Sushila Pais
Secretary



Sr. Sunitha Smitha D'Souza
Trustee



Sr. Saleth Mary A
Trustee



Sr. Bridget Madtha
Trustee



Ms. Sheeba D'Mello
Advisor



Mr. Pavan Mujumdar
Advisor

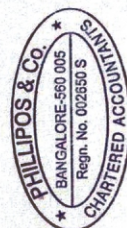
**“In every community, there is work to be done.
In every nation, there are wounds to heal. In every heart,
there is the power to do it.” - M. Williamson**

04. AUDITED FINANCIAL STATEMENT FOR 2021-2022

FRANCISCAN SISTERS OF MARY, HOSADURGA BALANCE SHEET AS AT MARCH 31, 2022

PARTICULARS	SCHEDULE	AMOUNT (₹)
I. LIABILITIES		
Capital Fund	I	3,58,39,746
Building Fund	II	17,04,580
Specified Grants	III	8,91,804
TOTAL LIABILITIES		3,84,36,130
II. ASSETS		
Fixed Assets	IV	2,21,20,712
Investments	V	88,45,356
Other Current Assets	VI	1,30,251
Cash and Cash Equivalents	VII	73,39,811
TOTAL ASSETS		3,84,36,130

AS PER OUR REPORT OF EVEN DATE
FOR PHILLIPPOS & CO.,
CHARTERED ACCOUNTANTS
FIRM REG. NO. 002650S



NIKITA L. ANTONY
PARTNER
MEMBERSHIP No. 239414
UDIN: 22239414ARPLTP4763

PLACE: BANGALORE
DATE: 10-09-2022

FRANCISCAN SISTERS OF MARY, HOSADURGA INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED MARCH 31, 2022

PARTICULARS	SCHEDULE	AMOUNT (₹)
I. INCOME		
Donations, Contributions & Grants	IX	73,96,402
Collections from Students		14,33,950
Interest Income	X	5,72,715
Transfer from Specified Grants	XI	28,64,251
Other Income		2,18,841
TOTAL INCOME - (A)		1,24,86,159
II. EXPENDITURE		
Repairs & Maintenance	XII	1,87,474
Compensation to Employees		28,60,306
Projects Grant Expense		41,05,254
Other Expenses	XIIIA	10,98,439
Administrative Expenses	XIIIB	27,12,466
Contributions & Social Welfare Activities		37,936
Farm Expenses		24,40,245
Depreciation		
TOTAL EXPENDITURE - (B)		1,34,42,121
Excess of Expenditure Over Income [(B)-(A)]		9,55,962

AS PER OUR REPORT OF EVEN DATE
FOR PHILLIPPOS & CO.,
CHARTERED ACCOUNTANTS
FIRM REG. NO. 002650S



NIKITA L. ANTONY
PARTNER
MEMBERSHIP No. 239414
UDIN: 22239414ARPLTP4763

PLACE: BANGALORE
DATE: 10-09-2022

05. PARTNERS AND SUPPORTERS



NABARD, Bengaluru



TISMO, Bengaluru



Dhawani Foundation



Pollinate Group, Bengaluru



NABFINS, Bengaluru



ChildFund International, USA



Our Lady of Consolation
Aged Care & Services

Our Lady of Consolation
Aged Care Services, Australia



Missionzentrale, Germany



Franciscan Missionaries
of Mary, Rome

Dr. Gerard Robert Abreo, USA

CONTACT US

FRANCISCAN SISTERS OF MARY, HOSADURGA

REGISTERED OFFICE:

CONVENT OF OUR LADY OF PROVIDENCE
HOSUR ROAD, DHARMARAM COLLEGE POST
BANGALORE - 560 029



FUNCTIONAL OFFICE:

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CHITRADURGA DT. KARNATAKA

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Email: nisargahsd@gmail.com

Website: www.nisargafmmm.1ngo.in

Face Book: <https://www.facebook.com/Franciscan-Sisters-of-Mary-Hosadurga/>